**Mental Health Resources**

**Evolve Counseling and Behavioral Health Services**

1206 E Warner Rd Ste. 203, Gilbert, AZ 85296

480-590-3915

<https://www.evolvecounselingaz.com/>

**Southwest Behavioral Health (SWBH) at Chandler Care Center**

(Takes AHCCCS or works on a sliding fee scale)

777 E. Galveston Street Chandler, Arizona 85225

Contact Info: Carrie Holmes- Program Director- 602-696-4287- [carrieh@sbhservices.org](mailto:carrieh@sbhservices.org)

**Arizona Marriage and Family Therapy Clinic**

Chandler Office: 6100 W. Gila Springs Pl. STE 19, Chandler, AZ 85226

Gilbert Office: 690 E. Warner Rd. Building 10, STE 152, Gilbert, AZ 85296

Tempe Office: 7581 S. Willow Dr. STE 109, Tempe, AZ 85284

480-282-8778- <https://azmftclinic.com/>

**Open Heart Family Wellness Transitions Counseling and Consulting**

(Counseling, Psychiatry, Wellness Coaching, Substance 1600 W Chandler Blvd., Ste 230, Chandler

Use Treatment, and Community Resource Assistance) 602-363-0629

3280 S. Country Club Way, Suite #110 Tempe, 85282 transitionscounselingandconsult.com

480-621-4122

<https://Openheartsaz.org>

**For private behavioral health service providers visit the website(s) below**

(You can search for a therapist based on your specific need)

<https://www.psychologytoday.com/us>

<https://findtreatment.samhsa.gov/>

**Right of Way (**Accelerated Resolution Therapy- eliminate

**Terros** trauma, grief, anxiety, phobias and more with ART)

(Medical and counseling services) 480-818-4148

602-685-6000 <https://rightofwayart.com/>

<https://www.terroshealth.org/>

**Psychiatry Strategies for Success**

Serenity Mental Health Centers Counseling, Medication (psychiatry) and natural mental

1501 N Gilbert Rd. #206 85234 health solutions for all ages- 480-252-5152

480-630-4794 10440 E. Riggs Rd. #207, Chandler <https://serenitymentalhealthcenters.com/> <https://strategiesforsuccessaz.com/>

**For Psychiatric Care**

**Aurora Behavioral Health System Mesa Southwest Behavioral Health center**

480-345-5420 [1255 W Baseline Rd Ste. 138, Mesa, AZ 85202](https://www.bing.com/local?lid=YN64x189775384&id=YN64x189775384&q=Southwest+Behavioral+Health+Services&name=Southwest+Behavioral+Health+Services&cp=33.37752914428711%7e-111.86109924316406&ppois=33.37752914428711_-111.86109924316406_Southwest+Behavioral+Health+Services&FORM=SNAPST)

<http://auroraarizona.com> 480-820-5422

**Oasis Behavioral Health Total Life Counseling**

2190 N Grace Blvd, Chandler, AZ 85225 690 E Warner Rd., Suite 115, Gilbert

480-470-0069 480-444-2434- <https://www.totallifecounseling.net/>

<https://www.obhhospital.com/>

**Crisis Services:**

**Maricopa crisis line**

602-222-9444

<https://www.crisisnetwork.org/>

**La Frontera - EMPACT Suicide Prevention**

480-784-1500

<http://www.lafronteraaz.org/>

**National Suicide Prevention Lifeline**

1-800-273-TALK (8255)

<http://suicidepreventionlifeline.org>

**American Foundation for Suicide Prevention**

For support group resources visit:

In person- <https://afsp.org/find-support/ive-lost-someone/find-a-support-group/>

Online support- <https://allianceofhope.org/>

Suicide Prevention Therapist- <https://www.helppro.com/SPTF/BasicSearch.aspx>

**Teen Lifeline**

602-248-TEEN (8336) or 1-800-248-TEEN (8336)

<https://teenlifeline.org/>

**East Valley Child Crisis Center**

480-969-2308

<https://childcrisisaz.org/>

**National Parent Hotline**

1-855-427-2736

<http://www.nationalparenthelpline.org/>

**Center for Prevention of Abuse and Violence (CASA)**

602-254-6400

<https://www.casacares.org/>

**PREHAB’s Mayfield Youth Center**

480-464-7468

<https://www.downtownmesa.com/location/prehab-mayfield-youth-center/>

**Boys Town National Hotline-** 1-800-448-3000

**Shelter Hotline-** 1-800-799-7739

**Trevorlifeline for LQBTQ community**

1-866-488-7386 or text START to 678678

<https://www.thetrevorproject.org/>

**LGBTQ National Help Center**

Hotline for all ages- 1-888-843-4564------Youth Hotline- 1-800-246-PRIDE (7743)